DOWN SYNDROME HEALTH CARE GUIDELINES
(Based on 1999 Down Syndrome Health Care Guidelines)*

Neonatal (Birth-1 Month)

< Review parental concerns. Chromosomal karyotype; genetic counseling, if necessary.

< If vomiting or absence of stools, check for gastrointestinal tract blockage (duodenal web or atresia or Hirschsprung disease).

< Evaluation by a pediatric cardiologist including echocardiogram. Subacute bacterial endocarditis prophylaxis –(SBE), in susceptible children with cardiac disease.

< Exam for plethora, thrombocytopenia.

< Review feeding history to ensure adequate caloric intake.

< Thyroid function test - check on results of state-mandated screening at birth.

< Auditory brainstem response (ABR) or otoacoustic emission (OAE) test to assess congenital sensorineural hearing (at birth or 3 months).

< Pediatric ophthalmological evaluation (by 6 months) for screening purposes.

< Discuss value of Early Intervention (infant stimulation) and refer for enrollment in local program.

< Referral to local Down syndrome parent group or family support and resources, as indicated. Referral to NDSS.

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